

**worksheet**

**level 1**

Try not to look at the transcript while doing these exercises! Always read the instructions and all the information in the tasks before listening. Listen as many times as you like.

**What! No meat?**

1 Listen for general meaning: listen to the whole podcast and decide which one of the following statements is true about Mark.

- a* Mark always has lots of problems being a vegetarian.
- b* Mark sometimes has a few problems being a vegetarian.
- c* Mark is a vegetarian but eats meat in restaurants.
- d* Mark is a vegetarian but cooks meat at home.

2 Listen again for more detail. Are these sentences true or false?

- a* Mark eats fish.
- b* Mark became a vegetarian when he was on holiday in India.
- c* He has three reasons for being a vegetarian.
- d* He is the only vegetarian in his family.
- e* His parents don't like vegetarian food.
- f* Mark's favourite food is Indian.
- g* His favourite dish is a green curry.
- h* The people in Ukraine think being a vegetarian is normal.
- i* It's easy being a vegetarian in India.
- j* It's difficult eating vegetarian food in the UK.
- k* He never visits other people's homes.
- l* He ate yak meat in China to be polite.
- m* Jackie was a vegetarian in the past.

3 Listen for pronunciation: look at these questions that Jackie asks Mark. Which word does she put most stress on?

- a* Mark, can you tell us first of all what food you don't eat?
- b* So what food do you eat?
- c* Have you ever been in a difficult situation because you're a vegetarian?

4 After listening: do you agree with Mark? Do you think that eating vegetarian food is good for your health? Do you think killing animals is cruel?

5 Open this page from The Vegetarian Society website:

<http://www.vegsoc.org/newveg/fft/basics.html>

- a* What do vegetarians not eat?
- b* What are 'meat-reducers'?
- c* What are 'vegans'?

Why not look at the transcript before checking your answers?

What! No meat?

- 1     *b*     Mark sometimes has a few problems being a vegetarian.
- 2     *aF b F cT dT eF fF gT hF iT jF kF lT mT*
- 3     *a*     Mark, can you tell us first of all what food you don't eat?  
      *b*     So what food do you eat?  
      *c*     Have you ever been in a difficult situation because you're a  
vegetarian?
- 5     *a*     meat, poultry, game, seafood and animal by-products  
      *b*     People who don't eat red meat but do eat chicken or fish  
      *c*     People who avoid all animal products, including eggs, milk, dairy  
products and honey